

# Ballineaspig Parish Bulletin

Parish Office: (021) 4344452

Parish E-Mail: [holyspiritparishcork@gmail.com](mailto:holyspiritparishcork@gmail.com)

Parish Web Site: [www.dennehscrossparish.ie](http://www.dennehscrossparish.ie)



## PARISH NOTICES - 6th March, 2022

### Pastoral Council:

The monthly meeting will take place on tomorrow **Monday, 7th March, 2022** at 7.30pm in the Parish Centre.

### Liturgy Group:

The monthly meeting will take place on **Tuesday, 8th March, 2022** at 7.30pm in the Parish Centre.

## THROUGH ASHES TO JOY From Ash Wednesday to Easter

Lent is a time of opportunity.

Lent is an opportunity to:

foster peace by nourishing what we have in common

- \* foster friendship with Jesus through daily Gospel reading.
- \* foster faith by daily prayer.
- \* foster hope by the compassionate word.
- \* foster love by frequent kindnesses.
- \* foster forgiveness by accepting God's forgiveness.
- \* foster mercy by imitating our God.
- \* foster generosity by daily sharing.
- \* foster community by joyful service.
- \* foster leadership by the encouraging word.

Lent may be an opportunity to:

- \* eliminate lies to ensure justice.
- \* eliminate extravagance to shelter the homeless.
- \* eliminate malicious gossip to promote harmony.
- \* eliminate bullying to eradicate fear.
- \* eliminate waste to save our planet.

Lent may be an opportunity to:

- \* restrict our food intake to feed the hungry.
- \* restrict alcohol to reduce abuse.
- \* restrict treats to provide the basics for others.
- \* restrict TV to make time for friendship.
- \* restrict negativity to awaken inspiration.

Lent is a time to tune into our better selves and into God, to unwrap the gift of his friendship, to allow him touch our hearts again. It is a time of joy, the joy of realising that each one of us is precious to God. It is time to share that joy.

Lent 2022 is upon us. Its opportunities may not come again. Choose three of the above that may be relevant to you for immediate attention this Lent.

May the Lord be with you.

**Fr. Tom Clancy.**

### **Lenten Talks 2022**

Our series of 4 Lenten Talks starts on **Tuesday, 8th March, 2022** (on Zoom, **19.30 sharp** until approx. 20.15) with a presentation by Ms Finola McCarthy: **Gardening for Wellbeing**

Finola works as a Community Food Growing Coordinator with the Cork Food Policy Council. Her role involves offering support and advice to new community food growing initiatives and completing an audit of community food growing in the city. Finola is an experienced adult educator in horticulture and community development, and she is passionate about developing community and individual wellbeing through urban food growing.

Please email us (address below) by Monday, 7th March if you wish to attend.

### **Lenten Reflections**

We will be publishing a Lenten Reflection on each of the six Mondays of Lent, starting on 7th March. If you would like to receive the reflections by email and are not already on our circulation list, please let us know. They will also be uploaded to the parish website each week.

**Faith in Action Group:** email [faithinactionballineaspig@gmail.com](mailto:faithinactionballineaspig@gmail.com)