

LIFE IN THE SPIRIT

The Spirit too comes to help us in our weakness. For when we cannot choose words to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

Romans 8:26



Mary of the Cosmos
by Bernadette Bostwich, SGM

We received the gift of the Holy Spirit at our baptism and also at our confirmation. In the early 70s the charismatic renewal became a household word. Many people did 'Life in the Spirit seminars' and were baptized in the Holy Spirit. People experienced the wide range of gifts bestowed by the Spirit. There was a sense of joy and hope. People's faith was renewed and deepened. Prayer meetings were popular. People prayed and sang in tongues, prophecies were common. Today, it appears that the Holy Spirit is working through mindfulness and many other techniques which enable people to slow down and reflect on the meaning and purpose of life. As Christians we have the great gift of hope, hope for a better future in this world and the next.

Reflection: Our mother Mary treasured the word of God and pondered it in her heart. She was open and responsive to the Holy Spirit. In these times of great change we trust in her protection and guidance to help us make our own response to the promptings of the Spirit.